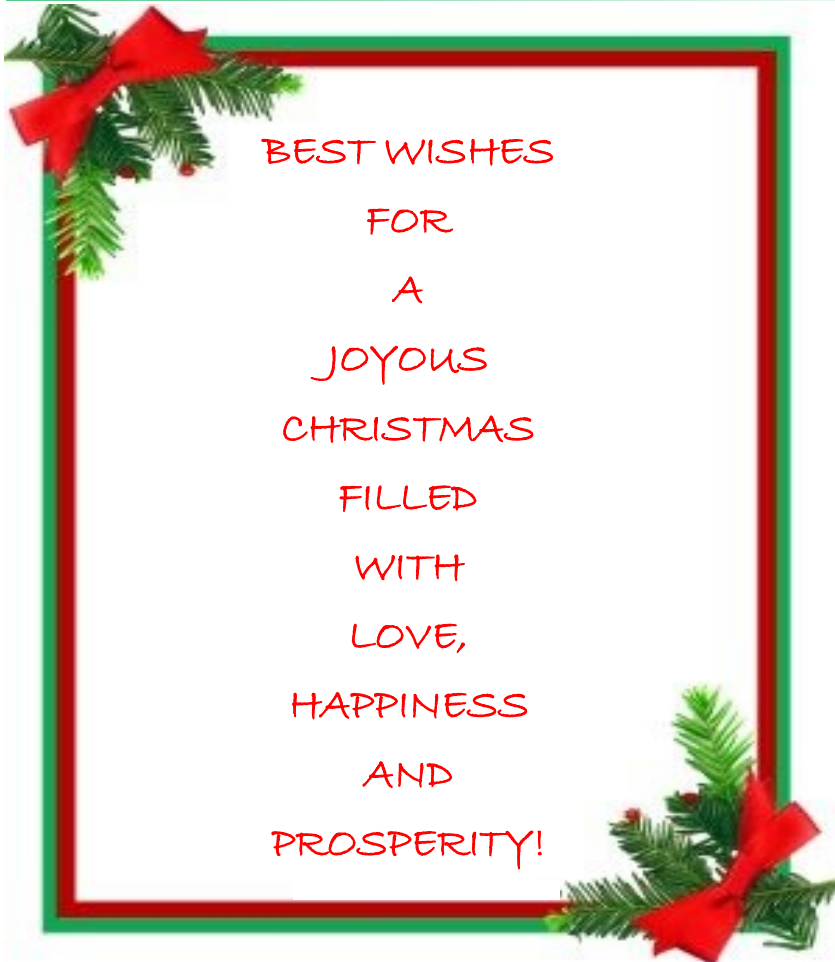




Montgomery (AL) Chapter

Winter 2021

Linked in Friendship, Connected in Service



2020-2022 THE LINKS, INCORPORATED MONTGOMERY (AL) CHAPTER CHAPTER LEADERSHIP

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Sue Massey

The Montgomery (AL) Chapter of The Links, Incorporated celebrates **Week #2: Friendship First, Leading By Example**. These women set the tone among our membership and effectively lead with grace and enthusiasm. Thank you for your hard work and dedication as we unite in friendship and service to our community.



Holiday Gathering

We were looking forward to determining the winning team for our first ever Battle of the Boards. Groups of chapter members will meet in small groups to create the most creative Charcuterie Boards they can. This Holiday Gathering is also a wonderful way for us to get to know one another better.

And the winners are....

Top left: Team Dunson - Most Abundant

Bottom left and middle: Teams Vaughn and Reed, respectively - Most Festive

Bottom right: Team Sippial - Most Healthy

Top right: Team Gillis - Most Creative

Battle of the Boards

Charcuterie Board Competition / Holiday Gathering

The Montgomery (AL) Chapter of The Links, Incorporated

December 12, 2021 @ 4pm

*Captains will be in charge of the game plan for your team board. They have been selected based on disclosed experience and talent.

<p>Ann Sippial - Host Bernice Price Susan Price Sophia Johnson - Captain</p>		<p>Tamika Reed - Host/Captain Helen Gary Evelyn Hodge Dana Willis - Henderson</p>
<p>Samarria Dunson - Host Lloria James Pamela Fossett - Captain Jo McCall</p>		<p>Gladys Gillis - Host Kristen Gillis - Captain Kendra Gillis Colvin Anita Kelly</p>
<p>Denise Vaughn - Host Kimberlin Love - Captain Stephanie Howard Janel Bell Haynes Katie Bell Karen Calhoun</p>		<p style="color: green;">Judge Brenda DeRamus Coleman</p> 



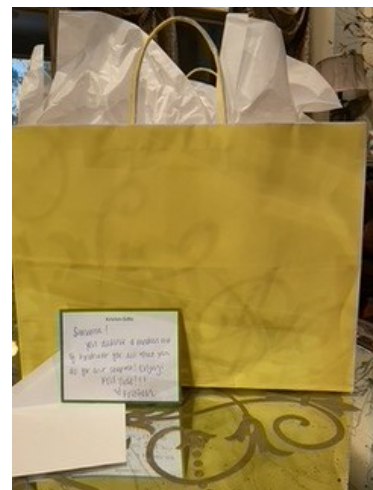
National Friendship Month

The Links, Incorporated celebrates National Friendship Month each November in recognition of its beloved Founders. The Montgomery (AL) Chapter has accepted the Southern Area Friendship Challenge to Engage, Encourage and Enlighten by participating in various activities each week.

DO NOT LOSE SIGHT OF WHO YOU ARE. LIKE A WHITE ROSE, LET YOUR PETALS SHINE.

FRIENDSHIP MONTH
#LINKSINC
#FRIENDSHIPANDSERVICE

During Week #1 (November 1-6), we celebrated Random Acts of Kindness. Chapter members donated gift cards for Thanksgiving meals to support ten (10) families at Thelma Smiley Morris Elementary school. They also donated drones with camera and video capability to lift the spirits of children at St. Jude Affiliate Clinic at Huntsville Hospital. Additionally, they provided thoughtful treats to members of the Montgomery community by purchasing lunches and various treats.



Health & Human Services

The Health and Human Services Facet kicked off the Links in Pink “Links for Life” Campaign during the month of October. On October 13th, HHS partnered with Alabama State University and the National Medical Association to present a Breast Health Matters Webinar highlighting breast cancer risk factors and the importance of early detection. Speakers included Dr. Latoya Clark of Jackson Hospital Obstetrics and Gynecology and Vice President of the Capital City Medical Society, Dr. Carrie Nelson-Breast Cancer Survivor and Therapist, Dr. Joyce Loyd Davis-ASU Senior Director of Health Services, and Link Lakesha Shahid-Board Member of SISTAS Can Survive Coalition, Inc. The webinar was moderated by Link Porcia Love, HHS Facet Chair and President of the Capital City Medical Society.

On November 10th, a 2nd Breast Health Matters Webinar was held highlighting Nutrition. Speakers included L. Kay Allen-Breast Cancer Survivor and Chef Katrice Small of Trenholm State Community College. The webinar was moderated by Link Dana Willis-Henderson, HHS Facet Co-Chair.

Links for Life Teams also provided Breast Cancer education and awareness. Services to Youth partnered with Kershaw YMCA to present information on breast cancer to young women and their mothers. National Trends and Services delivered educational swag bags to women at Mary Ellen’s Hearth Women’s Shelter. The Arts Facet presented educational swag bags to women at the Family Sunshine Center. The International Trends and Services hosted a webinar - “Mind, Body and Soul: Lifestyle and Mental Health Impacts of Breast Cancer” on October 27th. Speakers included Dr. Carrie Nelson and C. August Haygood, Breast Cancer Survivor and AEA Education Policy and Professional Practice Director. The webinar was moderated by Link Pamela Fossett, ITS Chair.

HHS is also partnering with Baptist Health and Montgomery Cancer Center to provide free breast cancer screenings for women ages 40-64.

